



**Statement of Attainment in
Provide First Aid: HLTAID003**
(Previously referred to as 'Senior' or 'Level 2' First Aid)
Includes

Statement of Attainment in:
HLTAID001: Provide Cardiopulmonary resuscitation
HLTAID002: Provide basic emergency life support

COURSE OUTLINE

This unit describes the skills and knowledge required to provide a first aid response to a casualty. The unit applies to all workers who may be required to provide a first aid response in a range of situations, including community and workplace settings.

The core elements to this unit include:

1. Respond to an emergency situation
2. Apply appropriate first aid procedures
3. Communicate details of the incident
4. Evaluate the incident and own performance



This unit of competence allows for a wide range of variables allowing for different work requirements, work practices and knowledge.

Additional Qualification:

This qualification allows the recipient to become the "Nominated Workplace First Aider" under the Work Health and Safety (WHS) Act 2012, Occupational Health and Safety Act VIC 2004 and the OHS Act WA 1984. In accordance with the Acts, this qualification is valid for 3 years from the date of issuing.

Course Content:



- ✓ Identify risks and hazards to self, others, and casualty
- ✓ WHS requirements and Legal issues relating to first aid
- ✓ Documentation of incident/accident report forms
- ✓ Dealing with confidentiality
- ✓ Considering the welfare of the casualty
- ✓ Infectious Disease and Hygiene
- ✓ Examination of the Casualty: monitoring of vital signs, and management of changes in the casualty's physical condition
- ✓ Resuscitation: Cardiopulmonary Resuscitation (CPR)

Casualty's condition is managed for:

- ✓ Abdominal Injuries
- ✓ Allergic Reactions including anaphylaxis
- ✓ Use of an Autoinjector
- ✓ Bleeding: Internal and External
- ✓ Wounds: abrasions, lacerations, incisions, embedded, amputation
- ✓ Burns: thermal, chemical, friction, electrical
- ✓ Cardiac conditions
- ✓ Facial Injuries: eye, ear, nose, tooth, jaw
- ✓ Head Injury including Stroke
- ✓ Medical Emergencies: Asthma, Epilepsy, Diabetes, Fainting, Choking, Near Drowning
- ✓ Use of a Spacer Device for asthma
- ✓ Neck and Spinal injuries
- ✓ Needle Stick Injuries
- ✓ Poisoning and Toxic Substances
- ✓ Smoke Inhalation
- ✓ Environmental conditions: overexposure to heat and cold
- ✓ Envenomation: snake, spider, insect, marine stings
- ✓ Substance Abuse including drugs
- ✓ Cold Injury: Frost Bite
- ✓ Resuscitation: Cardio Pulmonary Resuscitation
- ✓ Follow the prompts of an Automated External Defibrillator (AED)
- ✓ Fractures and dislocations
- ✓ Soft tissue injuries: sprains and strains
- ✓ Crush Injury
- ✓ Shock

Assessment:

1. Theory Assessment: 60 multiple choice questions.
2. Practical Assessment:
 - Resuscitation. Demonstrate competent resuscitation techniques on a mannequin
 - All participants must demonstrate two minutes of continuous CPR on an adult mannequin placed on the floor
 - *Practical Scenario*. Participants work in pairs, and demonstrate competent bandaging and slinging techniques in controlling bleeding and fracture management.

Certification Period: Although Statement of Attainments have no 'expiry date,' this qualification will require re-assessment every 3 years in accordance with the various OHS/WHS Acts. Annual CPR is recommended. For some industries, annual CPR is compulsory.

Training Materials each Participant receives:



- ✓ Participant Manual
- ✓ Bandages
- ✓ CPR poster
- ✓ Key ring face shield (barrier device for mouth-to-mouth resuscitation)
- ✓ Electronic qualification